NJHI Learning Collaborative Session

How to Make the Most of the County Health Rankings

March 25, 2020
Presenters and Support Team

New Jersey Health Initiatives

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Healthy Places by Design
NJHI Learning Collaborative Session

How to Make the Most of the County Health Rankings

March 25, 2020
Learning Outcomes

- Connect NJHI coalition partners with learning and networking opportunities.
- Learn about updates the County Health Rankings.
- Explore ways to use County Health Rankings and related resources for community health improvement efforts in New Jersey.
- Share information about the next Learning Collaborative events.
Hammonton
Health Coalition
Who are the stakeholders?
About Hammonton:

1. Strategically located
2. Leadership.
3. Civic involvement
4. Excellent local government
5. Capacity to mobilize and collaborate
6. Collaboration among formal institutions
7. Strong and shared values across differences
8. Great public-school system
9. Vibrant art district.
10. Abundance of health providers.
11. Natural resources: Pinelands, farms, etc.
12. Traditions: Carnival, festival, etc.
We are grappling with some of the nation’s biggest challenges:

1. Poverty
2. Undocumented Immigrants
3. Divides (Political, Socio-economic, Cultural)
What is our commitment?

Address priority issues that affect health in Hammonton.
Factors that build resiliency

**FAMILY**
- **Role Models**: Adults who role model healthy relationships
- **Supportive Relationships**: Positive child-caregiver relationships
- **Health**: Healthy caregivers
- **Networks**: Relationships with extended family members and others
- **Stability**: Stable living environment

**COMMUNITY**
- **Access to Services**: Basic needs, advocacy, health
- **School**: Positive school climate and supports
- **Mentors**: Role models & mentors, i.e. coach, faith leader
- **Neighborhood Cohesion**: Safe & connected communities

**INDIVIDUAL**
- **Temperament**: Individual temperament or sense of humor
- **Understanding**: Ability to make sense of their experiences
- **Mastery**: Opportunities to experience mastery
- **Expression**: Opportunities to express feelings through words, music, etc.
- **Conflict Resolution**: Development of conflict resolution & relaxation techniques
- **Culture**: Strong cultural identity
Outcomes

1. Increased social contentedness across race, age, ability, ethnicity, language, etc.
2. Increased feelings of safety in the community.
3. Increased participation in health promoting activities.
4. Increased civic participation/volunteering.
5. Improved physical activity (Participation in P Adventures/Community Garden, Bicycling club).
6. Reduced mental distress.
## Upstream change that we are proposing

<table>
<thead>
<tr>
<th>Type of change</th>
<th>Policy rules</th>
<th>Systems Structure or procedures</th>
<th>Environment Physical, attitudes, behaviors</th>
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<tbody>
<tr>
<td><strong>What?</strong></td>
<td>All institutions screen for ACEs</td>
<td>Connecting Assets &amp; Needs Unleashing the capacity of local informal supports VS reliance on formal/paid supports</td>
<td>Change in attitudes &amp; behaviors towards Latino residents &amp; others who are marginalized, to become inclusive attending to their assets/ gifts/ talents VS deficiencies, problems or needs.</td>
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<tr>
<td><strong>How?</strong></td>
<td>HHC works in helping police, Institutions &amp; workplaces develop and implement policies &amp; procedures to screen for ACEs.</td>
<td>HHC helps identify &amp; mobilize assets in our community with ABCD model, to create together positive experiences and supportive relationships</td>
<td>HHC models inclusion, HHC members champion inclusion</td>
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Our proposal for NJHI

Recruit community advocates/ connectors

Train community advocates to help map, mobilize and connect assets in the community

Map assets of: Individuals, Associations, Institutions, Physical/Natural assets, Culture/History. Using ABCD tools

Form taskforce groups by building relationships among local assets for mutually beneficial problem-solving within the community.

Mobilize community to expand access and inclusion to opportunities for positive experiences and supportive relationships
Q & A

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Healthy Places by Design

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Upstream Action Acceleration

Upcoming Events

In-Person Convenings

• Communities Moving to Action, May 28 at the Grounds for Sculpture in Hamilton

• Upstream Action Acceleration, June 1-2, 2020 in Hammonton

Next Webinar

• April – date TBD
Chat-in your feedback:

+ liked, helpful

− not helpful, suggestion for improvement

Thank you!

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